

# Colorado's State Strategic Plan for Substance Use Recovery

A large, stylized graphic of a mountain range in white and yellow, spanning the width of the slide. The mountains are represented by sharp, angular peaks. The central peak is the tallest and features a yellow mountain shape within its white outline.

**Jalyn Ingalls and Rourke Weaver**



Opioid and other Substance Use Disorders Interim Committee

August 13, 2019

# Our Agenda

1. Strategic Plan Development
2. Building Blocks of Recovery
3. Strategic Recommendations





## ABOUT US

**We believe that sound evidence and solid analysis leads to better health policy, and that better health policy leads to healthier Coloradans.**

That is our work as Colorado's leading nonprofit and nonpartisan health policy research group.

And we are passionate about it.

# Understanding Recovery

Recovery Definition: A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.



# The Process





**The Building Blocks**

# Building Blocks



Whole Person  
Health  
Approach



Integrating  
Community  
Voices



Recovery in the  
Continuum of  
Care



Best Practices  
for Promoting  
Recovery





# Whole Person Health Approach





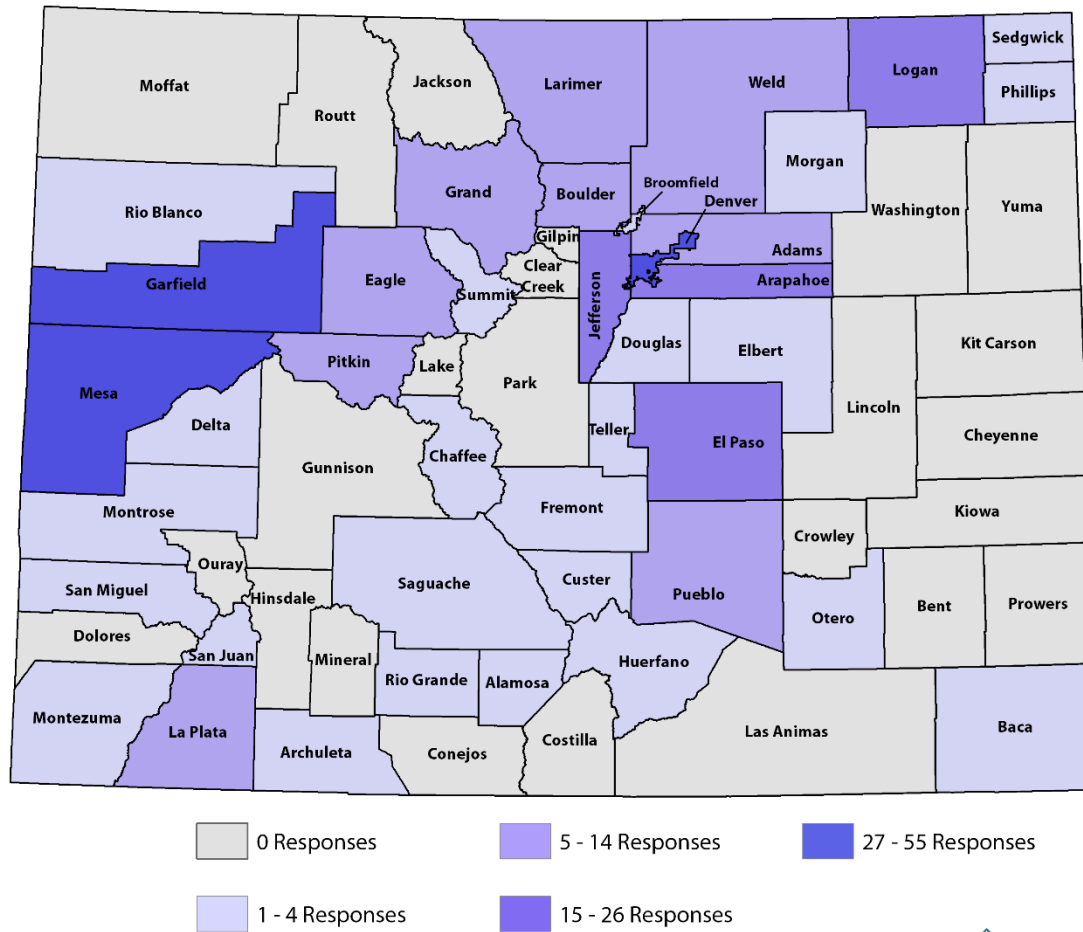


# Recovery in the Continuum of Care





# Integrating Community Voices





# Best Practices for Promoting Recovery





**Our Recommendations**

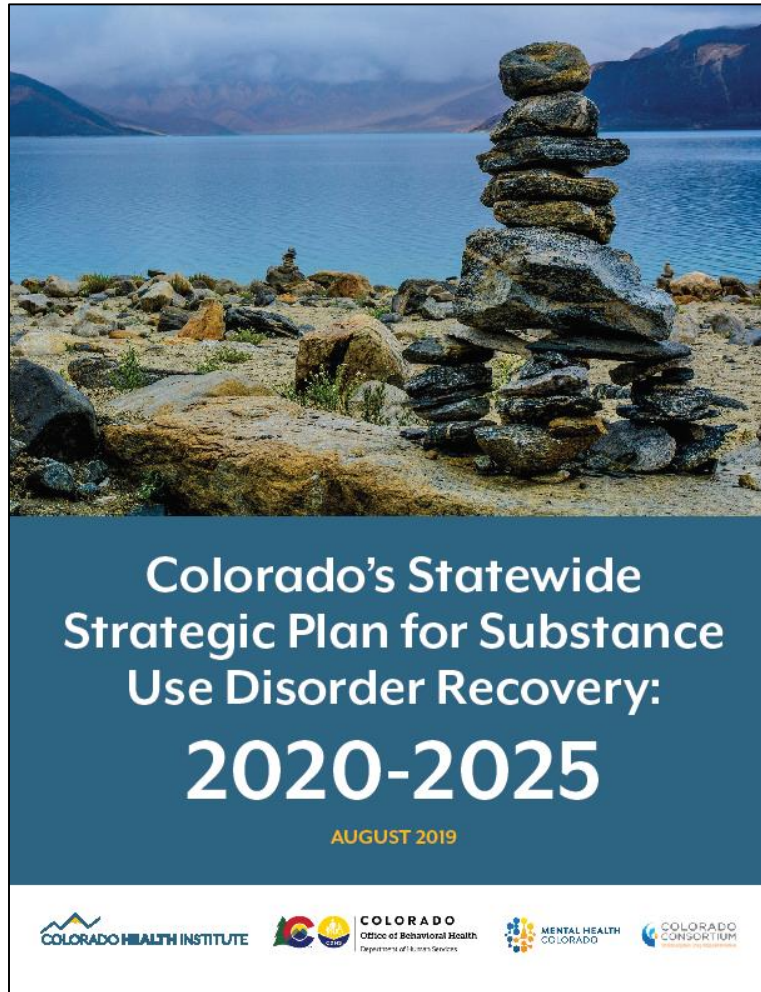
# Our Findings

- Create a Recovery-Oriented System of Care
- Provide Recovery-Oriented Clinical Care
- Equip Communities with Recovery Support



# Strategic Objective 1: Recommendations

- Create sustained funding opportunities to support recovery support services.
- Equip funders to use language that is inclusive of recovery.
- Implement systematic data collection to assess and monitor recovery.
- Promote recovery as a priority issue in behavioral health.



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